

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Christian County**

	County Prevalence (%)*	Southwest Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	18.7	18.8	16.9
No Health Coverage	14.4	17.4 H	12.3
B ehavioral Risk Factors			
Physical Inactivity	21.9	24.3	23.0
Current Smoker	26.1	26.8	26.5
Overweight (BMI 25-29.9)	38.2	35.6	35.3
Obese (BMI ≥ 30)	22.5	23.4	23.4
D isease and Conditions			
High Blood Pressure	28.9	27.9	28.5
High Cholesterol (35 years or older)	37.3	37.2	37.3
Asthma	12.8	11.6	10.7
Diabetes	6.6	6.4	7.2
Activity Limitation	20.0	18.0	17.8
C ancer Screening			
<i>Women</i>			
Never had a Mammogram	11.1	17.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	44.9	52.3	49.4
50-64 years of age	50.4	43.3	35.9
65 and older	36.7	51.3	47.4
Never had a Pap Test:			
18-69 years of age	2.9	4.5	5.1
70 and older	6.2	8.6	6.4
No Pap Test in Last Year (18-29)	24.5	28.1	25.8
No Pap Test in Last 3 Years (30-69)	13.3	13.8	13.8
<i>Men and Women 50 Years or Older</i>			
Blood Stool Test:			
Never had a Blood Stool Test	56.2	51.4	57.0
No Blood Stool Test in Last Year	77.6	74.2	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	55.5	53.4	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	58.7	63.3 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Christian county were obtained by combining data from Christian and Webster counties.